

Reflect . Remember . Release . Renew

Coming Back Home

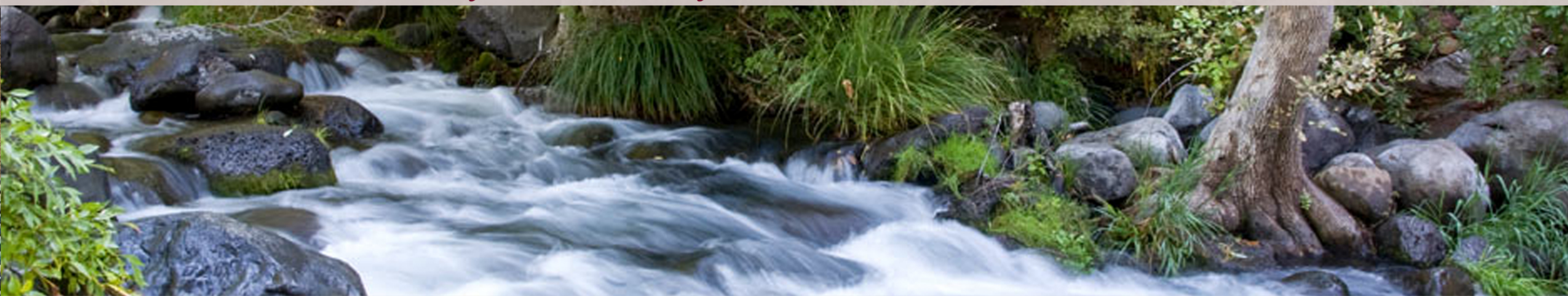
A Retreat for Sanctuary Alumni

Briar Patch Inn

A Private Peaceful Inn on Oak Creek, Sedona, AZ



"We are all just walking each other home" - Ram Dass



A 7 Day Experience To Connect With Your Heart & Soul

March 3 - March 9

We invite you to step away from your daily schedule
and become inspired, grounded, empowered & connected

Are you ready to come back home to yourself?

Are you feeling called to do deeper work into your heart & soul?

Are you longing for love & support from your tribe?



Come join us for a 7 Day Inclusive Retreat

Location: Briar Patch inn

- . Please visit briarpatchinn.com to learn more about this unique gem nestled in the canyons of Sedona, AZ

Dates: 7 Day Retreat, March 3 - March 9, 2023

- . Arrive Friday from 3:00 pm to 5:00 pm. Dinner served at 5:30. Welcoming Ceremony at 7:00.
- . Depart Thursday by 12:00

Cost: Tier 1: \$5244 - Private individual single cabin.

Tier 2: \$4944 - Shared cabin with one other person. Each person has their own room and shared bathroom.

Tier 3: \$4233 - Private room with shared bath in the main house where the group gatherings will be held.
Also a shared cabin with a shared room and bath.

- . Registration and Payment by January 17, 2023
- . Space is limited to 15 participants. Please reserve your spot early. [CLICK TO REGISTER](#)
- . Includes 6 nights accommodations, 3 meals daily & all activities

Meals: Prepared by Sanctuary trained chef. Organic Farm to Table food

Activities, Invitations & Offerings Include:

- . Daily Meditation & Movement/Yoga . Individual Healing Sessions . Body Work . Sound Healing .
- . Breathwork . Journaling & Art Therapy . Nature Therapy . Mindfulness Tools & Practices .
- . Sacred Sharing Circles . Consciousness Raising & Learning Opportunities . Ceremony & Celebration .
- * Day journey to the Sanctuary for Labyrinth walking, time on the land, connection with staff and clients, Tour & Spirit Lodge

Amenities:

- . Each cozy cabin has a private entrance and patio (Smoking only permitted on your patio)
- . No tvs or phones in cabins, cell phone reception and wifi very limited
- . Most cabins have a fireplace

Questions & Registration:

- . Jenna - jennaisrael@yahoo.com 928 273 0348
- . Michelle - michellemcclatchie@protonmail.com 928 830 7158

Payment Information:

- . Venmo [@Michelle-McClatchie](#)
- . Zelle [@jennaisrael@yahoo.com](#)

[REGISTRATION FORM](#)

"If light is in your heart, You will find your way home." Rumi



Jenna Israel: MA LPC Trauma & Healing Therapist at The Sanctuary at Sedona

Jenna Israel is a licensed therapist. She has been practicing somatic based therapies for the past 25 years. She has supported people from all walks of life heal their trauma and reclaim their truth. She is passionate about supporting others connecting to their hearts and coming home to their authentic self. She brings a wealth of experience through mindfulness, meditation and body centered therapies.

Michelle McClatchie: MA LPC Mindfulness & Spiritual Counselor

Michelle McClatchie is a licensed therapist, spiritual counselor and mindfulness teacher and is the Founder of Many Mindful Moments. She is dedicated to helping people become more aware, to discover their inner strength, and to find peace within their minds and hearts. Michelle has a private practice in Flagstaff, AZ